

Press Release
Brussels, October 14, 2026

PRESS RELEASE — UNDER EMBARGO

EMBARGOED UNTIL WEDNESDAY, 14 OCTOBER 2026, 17:00 CEST

A United Europe in psychiatric research and innovation for better care

At a European Parliament event on 14 October, MEPs, researchers, clinicians and representatives of people with lived experience and their families will call for stronger European coordination to turn scientific advances into validated innovations and better access to care.

Brussels, 9 October 2026 — Europe has invested in psychiatric strategies, research programmes and data infrastructures. Yet a key challenge remains: ensuring that scientific discoveries translate into validated diagnostic and therapeutic advances that can reach patients across European healthcare systems.

As the European Union prepares its next long-term budget and research framework, the coming years offer an important opportunity to make psychiatric research and innovation a more coherent European priority.

On Wednesday 14 October, the European Parliament will host *Building a United Europe for Psychiatry: From Research to Care*, a conference bringing together Members of the European Parliament, leading researchers, clinicians and representatives of **people with lived experience** and families to discuss the policy steps needed to close the gap between research excellence and better mental healthcare.

Hosted by MEP Tilly Metz, with contributions from MEPs Ignazio Roberto Marino and Marta Temido, the event will present a European policy call focused on implementation, cross-border collaboration and equitable access to innovation.

A strategic moment for European mental health policy

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Europe is not starting from scratch. The European Commission's Comprehensive Approach to Mental Health, the *Healthier Together* initiative, the European Partnership for Brain Health, the European Health Data Space and existing scientific roadmaps provide important foundations.

The challenge is to connect these initiatives and make them work together.

The timing matters. The current *Healthier Together* cycle runs until 2027; the next EU budget and research framework are being prepared; and the European Health Data Space is moving towards phased implementation. Decisions made during this period can help determine whether Europe's scientific strengths are translated into a more coordinated capacity to validate, evaluate and implement psychiatric innovations.

From fragmented efforts to practical European action

The policy proposals call for a more connected European approach built around five priorities:

- **Ensure continuity beyond 2027:** maintain psychiatric research, innovation and implementation as strategic European priorities.
- **Connect existing research assets:** strengthen collaboration between cohorts, biobanks, clinical networks and research infrastructures, avoiding unnecessary parallel structures.
- **Support cross-border validation:** develop collaborative demonstrators and multinational studies to assess promising diagnostic, therapeutic and digital approaches in real-world populations.
- **Prepare responsible access to innovation:** improve coordination between data governance, regulatory requirements and health technology assessment, while preserving safety and rights for people with lived experience
- **Put people at the centre:** involve people with lived experience and carers in research priorities, study design, evaluation and implementation, and support equitable access to validated advances.

Artificial intelligence and digital technologies are part of this agenda, but their potential will depend on clinical validation, appropriate safeguards, independent evaluation and meaningful human oversight.

A call to connect research, policy and care

The initiative does not call for another standalone European roadmap. It calls for a practical mechanism to connect existing strategies and infrastructures, identify implementation gaps and support coordinated action across countries.

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The objective is to help Europe build on its scientific excellence and existing investments, generate stronger cross-border evidence and ensure that validated advances can contribute to better outcomes for people living with mental health conditions and their families.

The event will provide an opportunity to discuss how the European Parliament, the European Commission and Member States can support this transition from strategic ambition to implementation.

Event details

Building a United Europe for the Future of Psychiatry: From Research to Care

Wednesday, 14 October 2026

15:30–17:00 CEST

European Parliament, Brussels

Hosted by MEP Tilly Metz, with contributions from MEPs Ignazio Roberto Marino and Marta Temido.

Press materials

The following materials are available to journalists under embargo:

- European policy brief: *From Fragmentation to Integration*
- summary presentation of the key recommendations
- Proposed Brussels Declaration

Interviews with speakers may be arranged on request, subject to availability.

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 14 octobre 2026, de 15h30 à 17h00
 Inscription via ce [lien](#).

À propos du PEPR PROPSY

Le programme de recherche en psychiatrie de précision PEPR PROPSY a pour but d'apporter des solutions concrètes en faveur du déploiement de la médecine de précision en psychiatrie et plus particulièrement sur cinq des troubles les plus invalidants : les troubles bipolaires, les dépressions résistantes, les schizophrénies, les troubles du spectre de l'autisme et les premiers épisodes psychotiques.

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